





## COURSE OUTLINE

<b>Course</b>	<b>Little Book of Stitches</b> Get creative with traditional embroidery stitches to make a handmade book of textile artworks
<b>Tutor/artist:</b>	<b>Melanie Missin</b> is a textile and mixed media artist with a passion for colour, flora and fauna and who loves to play!
<b>Location:</b>	<b>Oasis Community Centre</b> – St. Michael’s Avenue, Wisbech, PE13 3NR
<b>Duration &amp; dates:</b>	<b>7 weeks</b> 4 <sup>th</sup> June – 16 <sup>th</sup> July 2024
<b>Who is the course for?</b>	 This course is suitable for <b>beginners</b> or those new to the art form.  This course is suitable for those with some experience who want to <b>progress</b> .
<b>Tech requirements:</b>	Optional use of Google Classroom to access resources and communicate with your peers.
<b>Timetable &amp; expectations:</b>	<b>Tuesday 10am – 1.00pm</b> You may need to take your stitching home to complete between sessions.
<b>Essential Materials:</b>	Materials are provided by Creative Fenland

## AIMS & OBJECTIVES

**Course aim** There is nothing quite like hand embroidery. Some people use it to ‘paint’ their canvas or fabric to create the most amazing pictures; whether they are beautiful landscapes, still life or abstract, they are always pieces of textile art. Embroidery stitches and techniques are as old as time itself and I am happy to be able to share some of them with you. You will be able to share this ancient craft to keep this artform alive and kicking! We will be making a little book of stitches, learning two or three stitches each week, and including them in the book. Some pages of your book will be abstract, while others will form a picture or a theme.

- Learning Objectives**
- to successfully complete the course you will:
1. Attend a minimum of 5 sessions
  2. Reflect on your own learning
  3. Contribute to group discussions
  4. Apply paint to fabric for perspective and colour
  5. Demonstrate running stitch and variants
  6. Demonstrate blanket and buttonhole stitch
  7. Demonstrate chain stitch
  8. Demonstrate laisy daisy, long and short stitch
  9. Demonstrate stitching using French, Chinese and bullion knots
  10. Demonstrate satin stitch
  11. Create abstract and themed pages, front and back cover, using various stitches
  12. Assemble your stitched book, creating spines, stitching together and adding embellishments

### *Creative Arts for Wellbeing*

Creative Fenland – a project of Cambridge Community Arts, 16-18 Arbury Court, Cambridge, CB4 2JQ

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